

Qualifying times - East Invicta Championships 2026

Female	9yrs/10yrs	10 yrs	11/12 yrs	13/14 yrs	15 yrs +
50m Free	53		41.1	35	32.5
100m Free	1.35.00		1.25.00	1.14.00	1.12.00
200m Free	3.30.00		3.04.00	2.40.00	2.35.00
400m Free		6.40.00	6.16.00	5.20.00	5.15.00
800/1500m Free			See Below ***		
50m Back	1.03.00		45.7	38.7	36.8
100m Back	1.52.00		1.40.00	1.25.00	1.22.00
200m Back	3.59.90		3.15.00	3.00.00	2.45.00
50m Breast	1.02.00		53.3	43.2	40.8
100m Breast	2.02.00		1.50.00	1.38.00	1.34.00
200m Breast	4.30.00		3.40.00	3.25.00	3.10.00
50m Fly	1.02.00		46.3	37.3	35.2
100m Fly	1.58.00		1.43.00	1.30.00	1.25.00
200m Fly	4.10.00		3.50.00	3.15.00	3.05.00
100m IM	1.59.90		1.39.50	1.24.9	1.20.9
200m IM	3.52.00		3.20.00	3.05.00	2.57.00
400m IM		7.10.00	6.45.00	6.30.00	6.25.00
Male/Open	9yrs/10yrs	10 yrs	11/12 yrs	13/14 yrs	15 yrs +
50m Free	53		45	34	30
100m Free	1.35.00		1.25.00	1.13.00	1.06.00
200m Free	3.30.00		2.55.00	2.35.00	2.28.00
400m Free		6.40.00	5.55.00	5.15.00	5.05.00
800/1500m Free			See below ***		
50m Back	1.03.00		47.5	37.6	35.8
100m Back	1.52.00		1.40.00	1.30.00	1.20.00
200m Back	3.59.90		3.15.00	3.00.00	2.55.00
50m Breast	1.02.00		53.5	41.9	39.6
100m Breast	2.02.00		1.50.00	1.38.00	1.33.00
200m Breast	4.30.00		3.45.00	3.16.00	3.10.00
50m Fly	1.02.00		50	37	33
100m Fly	1.58.00		1.50.00	1.31.00	1.18.00
200m Fly	4.10.00		3.35.00	3.05.00	2.55.00
100m IM	1.59.90		1.39.00	1.23.1	1.15.00
200m IM	3.52.00		3.25.00	3.00.00	2.48.00
400m IM		7.10.00	6.50.00	6.15.00	5.45.00

*** The fastest entries will be accepted for 5 heats of 800m and 3 heats of 1500m. This will be done proportionately across all age groups giving equal weighting to male/open & female swimmers. Entry times must appear on the National Rankings database.